

Cooking Glossary- Filipino - English

Filipino (Dialect: Tagalog)	English (translation or description)
Alugbati	Malabar Night Shade
Atchuete or Atsuete	Annatto
Ampalaya	Bitter Melon
Bawang	Garlic
Bibingka	Rice cake
Buko	Young coconut
Buro (or Burong)	Fermented
Gabi	Taro Root
Ginataan	Cooked with coconut milk
Kalabasa	Squash
Kalamansi	Lime
Kamote	Sweet Potato
Kamias	Ginger Lily
Kamoteng Kahoy	Cassava
KangKong	Swamp cabbage
Labanos	Radish
Lakatan	A banana variety
Linga	Sesame seeds
Lumpia	Spring roll
Luya	Ginger
Malagkit	Glutinous rice
Macapuno	Coconut with soft very thick meat
Mais	Corn
Malunggay	Horse raddish tree
Mangga	Mango
Mani	Peanut
Munggo	Moong or Mung beans
Mustasa	Mustard
Okra	Okra
Pandan	Fragrant screwpine
Palayok	Earthen Cooking Pot
Papaya	Papaya or PawPaw
Pinipig	Pounded rice flakes
Pinya	Pineapple
Repolyo	Cabbage
Saging	Banana
Saba, Latundan, Lakatan	Varieties of banana
Sampalok	Tamarind
Singkamas	Turnip

Sitaw	String beans
Sotanghon	Vermicelli (made from mung beans)
Talong	Eggplant
Tokwa	Tofu
Ubi or ube	Purple Yam
Ubod	Heart of palm